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A multifaith and interspiritual website on everyday spirituality organized around 37 essential spiritual practices (The Alphabet of Spiritual Literacy) of the world's religions. The name reflects a basic understanding: **spirituality** and **practice** are the two places where all the traditions come together. While respecting the differences among them, we celebrate what they share in common.

- SPIRITUAL TEACHERS
- TOPICS
- TRADITIONS
- ELDER SPIRITUALITY
- REVERENCE PROJECT

## THE ALPHABET OF SPIRITUAL LITERACY

**Attention**      **Beauty**      **Being Present**      **Compassion**      **Connections**  
**Devotion**      **Enthusiasm**      **Faith**      **Forgiveness**  
**Grace**      **Gratitude**      **Hope**      **Hospitality**      **Imagination**  
**Joy**      **Justice**      **Kindness**      **Listening**  
**Love**      **Meaning**      **Nurturing**      **Openness**      **Peace**  
**Play**      **Questing**      **Reverence**      **Shadow**  
**Silence**      **Teachers**      **Transformation**      **Unity**      **Vision**  
**Wonder**      **X - The Mystery**      **Yearning**      **You**      **Zeal**

**Practices:** Enjoy articles on the tried-and-true spiritual disciplines of the wisdom traditions and also those simple activities you make up as you go along life's journey to honor the sacred in and around you. An Alphabet of Spiritual Literacy offers you 37 essential spiritual practices from Attention to Zeal, recognized as markers of the spiritual life in all the world's religions.

**E-Courses:** Sign up for Practicing Spirituality E-Courses, Online Retreats, and 21-Day Programs that turn your inbox into a retreat center. Reflect on your life, nurture your connection to Spirit, discover great teachers, study sacred texts, and learn spiritual practices. Online Practice Circles provide spiritual guidance and companionship. Try the current program or take courses on-demand, choosing your own dates and frequency.

**Films:** How do you find spirituality in today's films? Start by browsing through reviews written from a spiritual perspective — Hollywood features, foreign films, and special interest documentaries — as well as lists of the Most Spiritually Literate Films from 1997 to the present. Check out new DVD releases. Use our film discussion guides and program ideas for community gatherings.

**Books:** When reading exercises your faith, fires your imagination, stirs your soul, and expands your circle of compassion, it is a spiritual practice. Here you will find reviews of new books accompanied by excerpts and a searchable database with thousands of archived reviews. Need help narrowing down the list? Check out the "Best Spiritual Book Awards" since 1998.

**Arts:** The arts, photography, and music express our spiritual yearnings. They call us to pay attention, give us experiences of beauty and reverence, and awaken our wonder. Much more than images and sounds, they are treasured companions on our spiritual journeys. Here you will find photo galleries, music playlists, an arts reviews database, reflections on art, music, and photography, and more.

**Quotes:** A good quotation can inform, inspire, and motivate us to take action. Quotes can also be catalysts to spiritual practice, stirring our imaginations and opening our hearts and minds to the great mysteries. We share quotes that are life-savers and life-enhancers in collections and meme galleries.

**Blogs:** Our blogs — Spiritual Literacy, Praying the News, Civility & Spirituality, Body Spirituality, The Ritual Space, KidSpirit Youth Voices, and A Commonplace Book — read the book of the world for sacred meaning.

**Explorations:** Here you can wander for hours! Read profiles in the Living Spiritual Teachers and Remembering Spiritual Masters Projects. Delve into resources and practices for Elder Spirituality and The Reverence Project. Discover multiple entry points into the world's religious traditions. Find resources on topics such as climate change, intentional communities, racism, happiness, teaching, and more.